

Menu Plan – Week 1

Monday – **Lunch** – Chicken goujons, mash and beans

Afternoon snack – Rice pudding and jam

Tuesday – **Lunch** – Macaroni cheese with smoked bacon

Afternoon snack – Crackerbread & cheese spread

Wednesday – **Lunch** – Homemade soup with crusty bread

Afternoon snack – Hot dogs

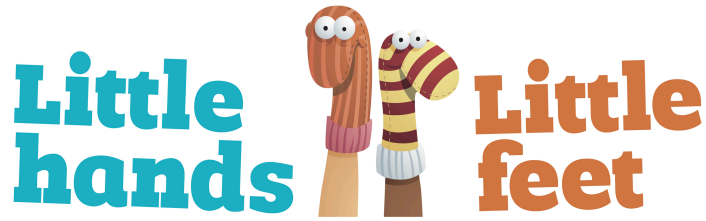
Thursday – **Lunch** – Beef curry & rice

Afternoon snack – Yoghurts with plain biscuits

Friday – **Lunch** – Homemade fishcakes, pea puree & a white sauce

Afternoon snack – Homemade pizzas

Morning snack each day will include wholemeal toast and selection of fruits



Menu Plan – Week 2

Monday – **Lunch** – Sweet & sour pork with rice

Afternoon snack – Wheaten bread and rasins

Tuesday – **Lunch** – Mash, fish fingers and beans

Afternoon snack – Homemade cheesy garlic bread

Wednesday – **Lunch** – Vegetable lasagne

Afternoon snack – Beans on toast

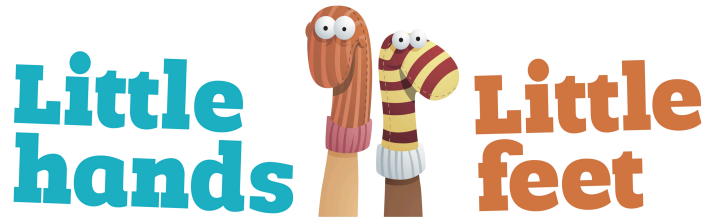
Thursday – **Lunch** – Savoury mince, potatoes and veg

Afternoon snack – Lemon Posset with soft fruits

Friday – **Lunch** – Homeamade soup with breads

Afternoon snack – Baked sweet potato wedges with cheese & bacon

Morning snack each day will include wholemeal toast and selection of fruits



Menu Plan – Week 3

Monday – **Lunch** – Chicken and broccoli pasta bake

Afternoon snack – Bagels with ham & cheese

Tuesday – **Lunch** – Homemade soup & breads

Afternoon snack – Homemade sausage rolls

Wednesday – **Lunch** – Roast beef, yorkshire pudding, mash & veg

Afternoon snack – Wheaten bread

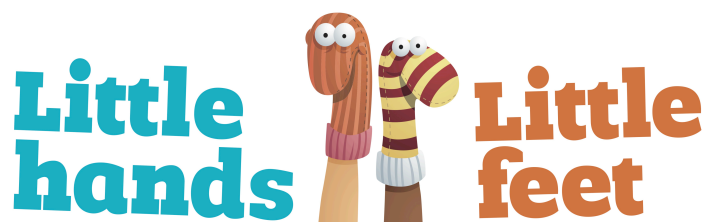
Thursday – **Lunch** – Veggies burger, rice & peas

Afternoon snack – Apple crumble & custard

Friday – **Lunch** – Pastry topped fish pie, mash & veg

Afternoon snack – Homemade scones

Morning snack each day will include wholemeal toast and selection of fruits



Menu Plan – Week 4

Monday – **Lunch** – Pasta bolognaise with garlic bread

Afternoon snack – Ritz crackers, cheese and grapes

Tuesday – **Lunch** – Boiled ham, mash & veg with a parsley sauce

Afternoon snack – Veda bread and fruit smoothies

Wednesday – **Lunch** – Veg curry and rice

Afternoon snack – Jam sponge with custard

Thursday – **Lunch** – Irish stew

Afternoon snack – Scrambled egg & toast

Friday – **Lunch** – Chicken with stuffing and mash

Afternoon snack – Pancakes and bananas

Morning snack each day will include wholemeal toast and selection of fruits